

# Benefits Schedule

## INTERNATIONAL HEALTHCARE PLAN

**AETNA  
GLOBAL  
BENEFITS®**

**Effective 1<sup>st</sup> November 2009**

In the tables below **We** have summarised the **Benefits** applicable for each product option. Please refer to the **Policy** wording for full **Benefit** details and definitions. All **Benefits** shown are per **Insured Person**, per **Period of Cover** (unless specifically stated).

ALL limits and **Excesses** expressed in \$ shall in all instances mean **US\$**.

## PRODUCT OPTIONS

Benefits	Major Medical 001	Foundation 002	Lifestyle 003	Lifestyle Plus 004
<b>Maximum Annual Aggregate Limit</b>	£1,000,000 or €/\$1,600,000	£1,000,000 or €/\$1,600,000	£1,000,000 or €/\$1,600,000	£1,000,000 or €/\$1,600,000
<b>In-Patient Charges</b> Hospital accommodation, Drugs and Dressings, surgeon and anaesthetist fees, theatre charges, intensive care unit and pathology.	Full Refund	Full Refund	Full Refund	Full Refund
<b>Hospital Cash Benefit</b> When <b>Treatment</b> is received as an <b>In-Patient</b> for an eligible <b>Medical Condition</b> for a maximum of 20 nights and no costs are incurred for accommodation and/or <b>Treatment</b> . This <b>Benefit</b> is not applicable to <b>Accident</b> and <b>Emergency</b> admissions.	£75 or €/\$125 per night	£75 or €/\$125 per night	£75 or €/\$125 per night	£75 or €/\$125 per night
<b>Parent Accommodation</b> Hospital accommodation costs in respect of a parent or legal guardian staying with an <b>Insured Person</b> who is under 18 years of age and is admitted to a <b>Hospital</b> as an <b>In-Patient</b> .	Full Refund	Full Refund	Full Refund	Full Refund
<b>New Born Cover</b> <b>In-Patient Treatment</b> of an acute <b>Medical Condition</b> and any associated costs which presents symptoms at birth or which manifests itself within 30 days following birth.	Up to £62,500 or €/\$100,000 and to a maximum of 90 days <b>Hospital</b> stay	Up to £62,500 or €/\$100,000 and to a maximum of 90 days <b>Hospital</b> stay	Up to £62,500 or €/\$100,000 and to a maximum of 90 days <b>Hospital</b> stay	Up to £62,500 or €/\$100,000 and to a maximum of 90 days <b>Hospital</b> stay
<b>New Born Accommodation</b> Hospital accommodation costs relating to a new born baby (up to 16 weeks old) to accompany its mother (being an <b>Insured Person</b> ) whilst she is receiving <b>Treatment</b> as an <b>In-Patient</b> in a <b>Hospital</b> .	Full Refund	Full Refund	Full Refund	Full Refund
<b>In-Patient Psychiatric Treatment</b> In a registered psychiatric unit of a <b>Hospital</b> . All benefits are conditional upon pre-authorization from <b>Us</b> and all <b>Treatment</b> being administered under the direct control of a registered psychiatrist.	Full Refund (up to 30 days)	Full Refund (up to 30 days)	Full Refund (up to 30 days)	Full Refund (up to 30 days)
<b>Complications of Pregnancy</b> <b>Treatment</b> of a <b>Medical Condition</b> which arises during the antenatal stages of pregnancy, or a <b>Medical Condition</b> which arises during childbirth and requires a recognised obstetric procedure.	Full Refund (subject to a waiting period)**	Full Refund (subject to a waiting period)**	Full Refund (subject to a waiting period)**	Full Refund (subject to a waiting period)**
<b>Accidental Damage to Teeth</b> <b>Treatment</b> received in an <b>Emergency</b> room in a <b>Hospital</b> within seven days of incurring accidental damage caused to sound, natural teeth.	Full refund, when <b>Treatment</b> received as an <b>In-Patient</b> only	Full Refund	Full Refund	Full Refund
<b>Congenital Anomalies</b> <b>Treatment</b> of <b>Congenital Anomalies</b> which manifest themselves after <b>Your Date of Entry</b> .	Up to £62,500 or €/\$100,000 per <b>Medical Condition</b>	Up to £62,500 or €/\$100,000 per <b>Medical Condition</b>	Up to £62,500 or €/\$100,000 per <b>Medical Condition</b>	Up to £62,500 or €/\$100,000 per <b>Medical Condition</b>



<b>Benefits</b>	<b>Major Medical 001</b>	<b>Foundation 002</b>	<b>Lifestyle 003</b>	<b>Lifestyle Plus 004</b>
<b>Oncology Treatment</b> given for cancer received as an <b>In-Patient, Day-Patient</b> or <b>Out-Patient</b> .	Full Refund	Full Refund	Full Refund	Full Refund
<b>CT and MRI</b> Scans received as an <b>In-Patient, Day-Patient</b> or <b>Out-Patient</b> and pre-authorized by <b>Us</b> .	Full Refund	Full Refund	Full Refund	Full Refund
<b>Emergency Transportation</b> Emergency transportation costs to and from <b>Hospitals</b> by the most appropriate form of transport.	Full Refund	Full Refund	Full Refund	Full Refund
<b>Evacuation</b> Evacuation of an <b>Insured Person</b> in the event of an <b>Emergency</b> , where <b>Treatment</b> is not readily available at the place of the incident, to the nearest appropriate facility, for the purpose of admission to <b>Hospital</b> as an <b>In-Patient</b> or <b>Day-Patient</b> . Extended to cover the costs for one other person to travel with the <b>Insured Person</b> as an escort.	Full Refund	Full Refund	Full Refund	Full Refund
<b>Additional Travel Expenses (following Evacuation)</b> Reasonable travel costs:				
i. to and from medical appointments when <b>Treatment</b> is being received as a <b>Day-Patient</b> .	Full Refund	Full Refund	Full Refund	Full Refund
ii. for an accompanying person to travel to and from the <b>Hospital</b> to visit the <b>Insured Person</b> following admission as an <b>In-Patient</b> .	Full Refund	Full Refund	Full Refund	Full Refund
iii. non- <b>Hospital</b> accommodation for immediate pre- and post <b>Hospital</b> admission periods provided that the <b>Insured Person</b> is under the care of a <b>Specialist</b> .	Up to £95 or €//\$150 per person per day and £3,000 or €//\$5,000 per person, per <b>Evacuation</b>	Up to £95 or €//\$150 per person per day and £3,000 or €//\$5,000 per person, per <b>Evacuation</b>	Up to £95 or €//\$150 per person per day and £3,000 or €//\$5,000 per person, per <b>Evacuation</b>	Up to £95 or €//\$150 per person per day and £3,000 or €//\$5,000 per person, per <b>Evacuation</b>
iv. economy class airline ticket to return the insured person and one other person who has travelled as an escort to the <b>Country of Residence</b> , or to the country from where <b>Evacuation</b> occurred.	Full Refund	Full Refund	Full Refund	Full Refund
<b>Mortal Remains</b> i. Transportation of a body or ashes to the country of nationality or <b>Country of Residence</b> , or ii. Burial or cremation costs at the place of death.	Up to £5,300 or €//\$8,500	Up to £5,300 or €//\$8,500	Up to £5,300 or €//\$8,500	Up to £5,300 or €//\$8,500
<b>AIDS</b> Medical expenses which arise from or are in any way related to Human Immunodeficiency Virus (HIV) and/or HIV related illness, including Acquired Immune Deficiency Syndrome (AIDS) or AIDS related complex (ARC) and/or any mutant derivative or variation thereof.	Up to £6,250 or €//\$10,000	Up to £6,250 or €//\$10,000	Up to £6,250 or €//\$10,000	Up to £6,250 or €//\$10,000
<b>Reconstructive Surgery</b> Reconstructive surgery following an <b>Accident</b> or following surgery for an eligible <b>Medical Condition</b> .	Full Refund	Full Refund	Full Refund	Full Refund
<b>Home Nursing</b> Immediately following <b>Hospital</b> discharge on the recommendation of a <b>Specialist</b> and must be provided by a <b>Qualified Nurse</b> . All <b>Treatment</b> under this <b>Benefit</b> must be pre-authorized by <b>Us</b> .	Full Refund up to 30 days per <b>Medical Condition</b>	Full Refund up to 30 days per <b>Medical Condition</b>	Full Refund up to 28 weeks per <b>Medical Condition</b>	Full Refund up to 28 weeks per <b>Medical Condition</b>
<b>Out-Patient Charges Including:</b> i. <b>Medical Practitioner</b> fees including consultations. ii. <b>Specialist</b> fees. iii. Diagnostic procedures. iv. Physiotherapy on referral by a <b>Medical Practitioner</b> . v. Prescribed <b>Drugs and Dressings</b>  vi. <b>Treatment</b> administered by registered chiropractors, osteopaths, homeopaths, podiatrists and acupuncturists on referral by a <b>Medical Practitioner</b> or <b>Specialist</b> .	Up to £1,000 or €//\$1,700 per <b>Medical Condition</b> prior to hospitalisation and up to 60 days immediately following hospitalisation in aggregate  Up to 10 sessions in aggregate, and subject to the <b>Benefit</b> limit above	Full Refund  Full Refund up to 10 sessions in aggregate	Full Refund  Full Refund up to 10 sessions in aggregate	Full Refund  Full Refund up to 10 sessions in aggregate
<b>Organ Transplant</b>	Full Refund	Full Refund	Full Refund	Full Refund
<b>Out-Patient Surgery</b>	Full Refund	Full Refund	Full Refund	Full Refund

<b>Benefits</b>	<b>Major Medical 001</b>	<b>Foundation 002</b>	<b>Lifestyle 003</b>	<b>Lifestyle Plus 004</b>
<b>Ancillary Charges</b> The purchase or rental of crutches or wheelchairs following <b>Treatment</b> as <b>In-Patient</b> or <b>Day-Patient</b> .	Up to £625 or €/\$1,000 per <b>Medical Condition</b>	Up to £625 or €/\$1,000 per <b>Medical Condition</b>	Up to £625 or €/\$1,000 per <b>Medical Condition</b>	Up to £625 or €/\$1,000 per <b>Medical Condition</b>
<b>Rehabilitation</b>	Up to 120 days per <b>Medical Condition</b>	Up to 120 days per <b>Medical Condition</b>	Up to 120 days per <b>Medical Condition</b>	Up to 120 days per <b>Medical Condition</b>
<b>Out-Patient Psychiatric Treatment</b> Including <b>Specialist</b> consultations. All <b>Benefits</b> are conditional upon pre-authorisation from <b>Us</b> and all <b>Treatment</b> must be administered under the direct control of a registered psychiatrist.	No Cover	Up to £3,125 or €/\$5,000	Up to £3,125 or €/\$5,000	Up to £3,125 or €/\$5,000
<b>Traditional Chinese Medicine</b> Administered by a recognised traditional Chinese practitioner.	No Cover	Up to a maximum of £20 or €/\$30 per session and to a maximum of 10 sessions	Up to a maximum of £20 or €/\$30 per session and to a maximum of 10 sessions	Up to a maximum of £20 or €/\$30 per session and to a maximum of 10 sessions
<b>Hormone Replacement Therapy</b> <b>Medical Practitioner</b> or <b>Specialist</b> consultation and the cost of prescribed tablets, implants or patches, when <b>Treatment</b> is prescribed for the female menopause which has been induced artificially and/or through early onset (by early onset <b>We</b> mean prior to age 40 years).	No Cover	Full Refund up to 18 months per <b>Medical Condition</b>	Full Refund up to 18 months per <b>Medical Condition</b>	Full Refund up to 18 months per <b>Medical Condition</b>
<b>Chronic Conditions</b> Routine check-ups, <b>Drugs and Dressings</b> prescribed for management of the condition, <b>Hospital</b> accommodation, nursing, renal dialysis, surgery and <b>Palliative Treatment</b> for <b>Chronic</b> conditions.	No Cover	No Cover	Up to £9,375 or €/\$15,000 (Nil <b>Excess</b> )	Up to £9,375 or €/\$15,000 (Nil <b>Excess</b> )
<b>Evacuation Extension</b> <b>Evacuation</b> to the country of <b>Your</b> choice.	Optional	Optional	Full Refund	Full Refund
<b>Routine Dental Treatment (1)</b> Examinations, tooth cleaning, normal compound fillings, simple or non-surgical extractions incurred after 6 months from the purchase date of this <b>Benefit</b> or <b>Your Date of Entry</b> , whichever is the later.	No Cover	No Cover	No Cover	Up to £435 or €/\$700 and subject to 25% <b>Co-Insurance</b> (Nil <b>Excess</b> )
<b>Major Restorative Dental Treatment (2)</b> Removal of impacted, buried or unerrupted teeth, removal of roots, removal of solid odontomes, apicectomy, new or repair of bridge work, new or repair of crowns, root canal <b>Treatment</b> , new or repair of upper or lower dentures incurred after nine months from purchase date of this <b>Benefit</b> or <b>Your Date of Entry</b> , whichever is the later.	No Cover	No Cover	No Cover	Up to £945* or €/\$1,500* and subject to 25% <b>Co-Insurance</b> (Nil <b>Excess</b> )
<b>Pregnancy and Childbirth</b> Costs associated with normal pregnancy and childbirth, pre- and post-natal check-ups and delivery costs.	No Cover	No Cover	No Cover	Up to £6,250 or €/\$10,000 subject to 20% <b>Co-Insurance</b> (10% when utilising a maternity package in a pre-approved provider facility). Subject to a waiting period.** (Nil <b>Excess</b> )

\*In aggregate to Routine Dental limit.

\*\*Please refer to the **Policy** wording.

<b>Excess Options</b>	<b>Major Medical 001</b>	<b>Foundation 002</b>	<b>Lifestyle 003</b>	<b>Lifestyle Plus 004</b>
Each Product Option carries a standard <b>Excess</b> applicable to each new <b>Medical Condition</b> . You can amend this by selecting alternative options.				
Standard (£)	Nil	65	65	65
Options (£)	625 or 3,000	Nil; 30; 155; 300; 625 1,250 or 3,000	Nil; 30 or 155	Nil; 30 or 155
Standard (€/\$)	Nil	100	100	100
Options (€/\$)	1,000 or 5,000	Nil; 50; 250; 500 1,000; 2,000 or 5,000	Nil; 50 or 250	Nil; 50 or 250

<b>Additional Options</b>	<b>Major Medical 001</b>	<b>Foundation 002</b>	<b>Lifestyle 003</b>	<b>Lifestyle Plus 004</b>
<b>USA Elective Treatment [Option 005]</b> Costs will be reimbursed on a full refund basis, where <b>In-Patient</b> or <b>Day-Patient Treatment</b> is received within our <b>Provider Network</b> or for any <b>Out-Patient Treatment</b> . <b>In-Patient</b> or <b>Day-Patient Treatment</b> received outside <b>Our Provider Network</b> will be subject to a 50% <b>Co-Insurance</b> and an annual maximum of £625,000 or €/\$1,000,000.	No Cover	Optional	Optional	Optional
<b>Extended Evacuation [Option 006]</b> <b>Evacuation</b> costs of an <b>Insured Person</b> on the event of <b>Treatment</b> not being readily available at the place of incident to the nearest appropriate medical facility, <b>Country of Residence</b> , <b>Country of Nationality</b> or country of <b>Your</b> choice, for the purpose of admission to <b>Hospital</b> as an <b>In-Patient</b> or <b>Day-Patient</b> .	Optional	Optional	Included	Included
<b>Medical History Disregarded [Option 007]</b> Cover for <b>Treatment</b> for any <b>Medical Condition</b> or <b>Related Condition</b> where symptoms have existed or <b>Advice</b> has been sought prior to <b>Your Date of Entry</b> under this <b>Policy</b> . (Only available to compulsory group schemes of 10 employees or more).	Optional	Optional	Optional	Optional
<b>Extension to Lifestyle Plus [Option 008]</b> Provision for removal of the dental waiting periods applicable to Dental (1) and (2) of the Lifestyle Plus Product, subject to full declaration of dental health. Provision for removal of the <b>Co-Insurance</b> applicable to pregnancy and childbirth of the Lifestyle Plus product. (Only available to compulsory group schemes of five employees or more).	Not Applicable	Not Applicable	Not Applicable	Optional
<b>Direct Settlement Network [Option 009]<sup>3</sup></b> Cover under this <b>Policy</b> provides nil <b>Excess</b> benefits for <b>Out-Patient Treatment</b> received within the <b>Direct Settlement Network</b> . <b>Out-Patient Treatment</b> received outside of the <b>Direct Settlement Network</b> and other <b>In-Patient</b> and <b>Day-Patient Treatment</b> will be subject to £65 or €/\$100 <b>Excess</b> applicable to each new <b>Medical Condition</b> .	Not Applicable	Optional	Optional	Optional

<sup>3</sup>Available in certain countries. Please check with **Your** local sales centre.

**Aetna Global Benefits® is a U.S. and European Union registered trademark of Aetna Inc. Aetna® is a trademark of Aetna Inc. and is protected throughout the world by trademark registrations and treaties.**

Policies issued in the United Arab Emirates (UAE) are issued by Royal & SunAlliance (RSA) and are administered by Aetna Global Benefits (Middle East) LLC and Aetna Health Services (Middle East) FZ LLC.

Aetna Global Benefits (Middle East) LLC, registered address: 416, Oud Metha office, P.O. Box 6380, Dubai, UAE.

Aetna Health Services (Middle East) FZ LLC, registered address: 3rd Floor, Building No. 7, Dubai Outsource Zone, PO Box 6380, Dubai, UAE.

No warranty or representation is given, whether expressed or implied, as to the completeness and/or accuracy of the information contained in this document and accordingly the information given is for guidance purposes only. You are requested to verify the above information before you act upon it. You should not rely on such information and should seek your own independent legal advice. We will not be liable for any loss and damage, whether direct or indirect, from your use of the information and the materials contained therein.

Aetna does not provide care or guarantee access to health services. Not all health services are covered. Health information programmes provide general health information and are not a substitute for diagnosis or treatment by a health care professional. See plan documents for a complete description of benefits, exclusions, limitations and conditions of cover. Information is believed to be accurate as of the production date; however, it is subject to change.

